**Return To Play Guidelines**

Rugby Australia and AIS has developed a ‘Return to Play Framework for Community Rugby”. This document outlines various stages of training and related Covid Safe protocols and procedures leading into full competition.

The document outlines three stages of rugby specific return to play protocols. These are summarised;

**Level A** **Present - 1st June**

* Individual or training in pairs

**Level B** **To be implemented 1st June**

* Outdoor activity in small groups of 10 (including staff)
* Non contact skills training – no rucks, mauls, lineouts, tackling or wrestling
* Skills based training and exercise based training.
* Some sharing of sporting equipment – balls etc.. to be cleaned regularly.
* Social distancing 1.5m
* Observe hygiene measures – washing of balls, hand sanitisers etc.. etc…
* Get in, Train, Get Out – no meetings before trainings, no group gatherings.
* Limit attendance to 1 x Parent/Guardian per family in attendance.

**Level B2** **To be implemented 14th June**

* Skill drills using a ball etc..
* Contact in groups possible including tackling, rucks, mauls, lineouts, scrums.
* Can use tackle bags, hit shields etc..

**Level C** **To be implemented TBC**

* Full training
* Full competition – matches etc..

The full list or protocols and procedures to be followed will be forwarded to all participants prior to training commencement.